



NETZWERK BERUFLICHE
ASSISTENZ

JUGENDCOACHING

Stöger Eva

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www.wienwork.at

wienwork

Who is Youth Coaching for?

Young people from the individual **9th year of school attendance** and from their **14th birthday to their 19th birthday**

Young people up to 25 years

+ with **criminal records**

+ attending **secondary academic and vocational schools**

+ who are **potential participants** of the project “**Fit for Vocational Education**”, facilitating the transfer from the world of school to the world of work

Young people up to 25 years

+ who have (former) special educational needs or **disabilities**

+ who are **Not in Education, Employment or Training systems, NEETs**

Those who can do more are better off!

Compulsory Education until 18 years!

Youth Coaching supports!

Education and training are key to a secure future, both for the young people, but also for the Austrian economy.

AusBildung bis 18
WER MEHR KANN IST BESSER DRAN

Serviceline:
0800 700 118

Compulsory Education until 18 years

Education until 18 is an initiative of the Austrian Federal Government

What is AusBildung
bis 18?

It is aimed at ensuring that all young people in Austria complete a form of education beyond compulsory schooling by their 18th birthday. AusBildung bis 18 is based on the Austrian Compulsory Education and Training Act (APfIG).

There are a range of different education options for young people:

- **School attendance**
- **Apprenticeship**
- **Training in healthcare and social professions**
- **Other training and education offers**

Goal

Young people that complete education or training find a job more easily, improve their chances of earning more and live healthier and longer lives.

What is done in Youth Coaching? Our Tasks:

Youth Coaching **offers career guidance** to young people who are at risk of dropping out of school or being marginalized when making decisions about their future education and career path.

Youth Coaching also includes **support in adolescence's personal and social problem** areas, which can hinder their ability to study.

Youth Coaching **accompanies** young people to a well linked range of organisations that are relevant to education and vocational training programs to ensure a safe handover.

What is done in Youth Coaching?

Youth Coaches empower Young People to find their coherent answers to their career questions!

1

Resource orientation: Youth coaching pursues a resource-oriented approach, strengthening the self-determination of young people (=empowerment); focus is based on the strengths and abilities of the young people

2

Multidimensionality: considers not only educational and career orientation aspects, but also the social situation of the young people

3

Inclusion of the young people's entire environment in the counselling process (parents, school, peer group, etc.)

4

Consistency of the caregiver over the entire care period. The responsibility lies in one hand.

5

Intervention takes place at the level of the young people (control of the case events) as well as at the system level (visualization of any gaps in the system, influencing/controlling systems).

What is Youth Coaching?

Youth Coaching is an assistance programme for young people at the end of their mandatory schooling or after they leave school

It offers advice to young people who are at risk of dropping out of school or being marginalized when making decisions about their future education and career path

This also includes support in the young people's personal and social problem areas, which can impede their ability to train

It accompanies to individually sustainable integration into a further education system or the labor market

Why youth coaching?

... to increase training opportunities...

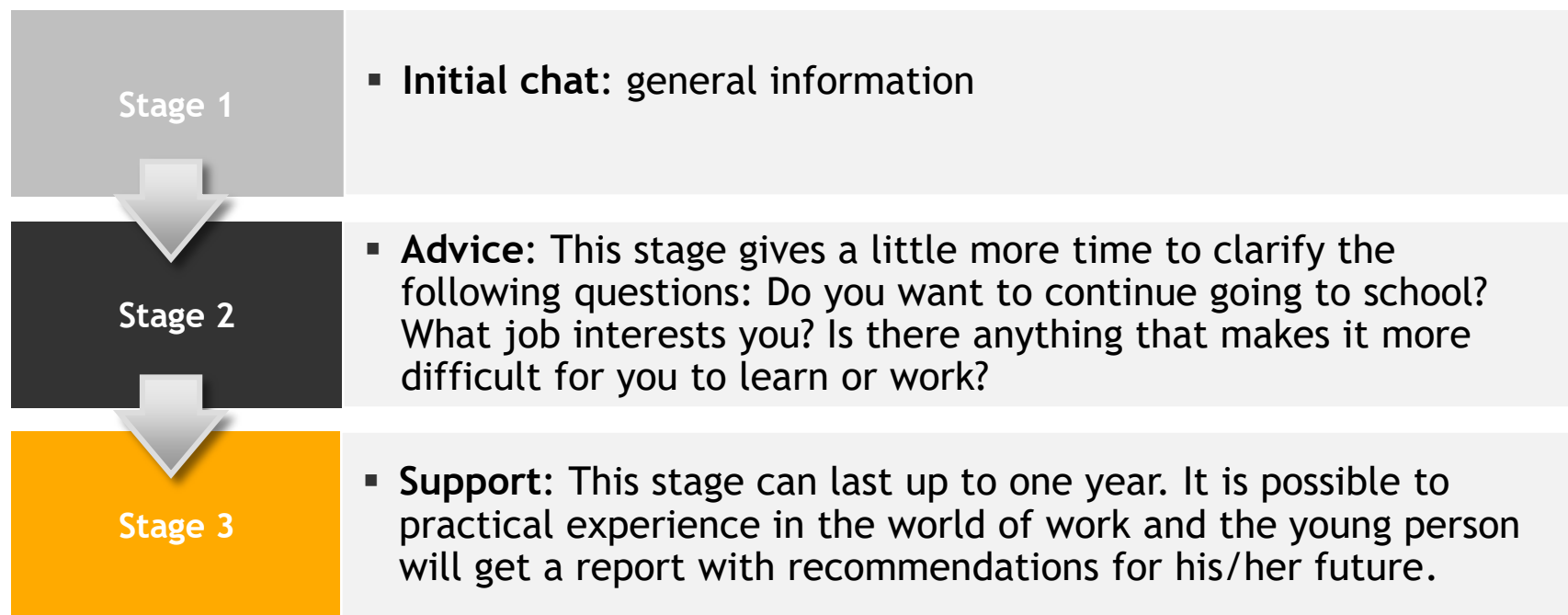
Prevent early dropping out of school and training systems to prevent low qualification

Keep young people in the educational system until they are 18 years old

Reintegrate young people outside of the school system and develop suitable perspectives with them

How does Youth Coaching work?

Youth Coaching can take place in 3 stages. How long the advice lasts depends on the questions. The parents or people who are important for the young person can also be involved in the advice.



Youth Coaching - possible topics and goals



Help with personal decision-making

- Information on possible follow-up actions
- Assistance with registration formalities
- Assessment of skills and interests
- Personal perspective planning



Professional orientation

- Internship search and support
- Application training
- Networking with parents, schools, companies, etc.

Common questions

Should I go to school or do an apprenticeship

Which job fits me?

What are my strengths?

How can I deal with obstacles?

How can I gain practical experience?

What alternatives exist to vocational training or school education?

How do I apply correctly

Standards

Clear target group definitions

Defined access channels: schools, youth centers, prisons etc.

Early registration system in schools

Reporting system monitoring education until 18

Principle of voluntary participation in youth coaching

Young people can also take advantage of youth coaching without parental consent

It is possible to return to youth coaching after participation

Access to youth coaching can therefore be characterized as relatively low-threshold

Who are the Youth Coaches?

We work as a multi-professional and diverse team of social workers, educators, psychologists, educational scientists, sociologists, communication scientists, political scientists, interpreters and social managers.



Where do Young People find their Youth Coach?

Youth Coaching Team
at **Compulsory Schools**



Youth Coaching Team
at **Secondary academic schools - upper cycle**



Youth Coaching Team
in the **residential area**
for NEETs



Where else do Young People find their Youth Coach?

There are further specialized Youth Coaching Teams

- at vocational secondary and higher schools
- in prisons and probation services
- for pupils with visual impairment
- for pupils with hearing impairment
- for adolescents with mental illnesses
- for juveniles with severe and multiple disabilities

What helps in specialized coaching?

- experts are quicker to the point
- build and use specialized networks
- find niches for the target groups



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neba.at/jugendcoaching

Diese Maßnahme wird aus Mitteln des Europäischen Sozialfonds finanziert.
NEBA ist eine Initiative des Sozialministeriumservice.

What helps the target groups most?

Young people are

- **really heard** and taken seriously
- **given** mindful **feedback**
- coached by someone who is neither part of the school nor the family system
- **given room** for their individual career orientation process
- **guided** towards their self-determined coherent career decisions through a complex decision making process
- **brought in contact with other organisations** in the youth field that help them make the next career step
- **facilitate a motivational and behavioural shift:** from stuck state to making a wish, that energizes action

**Thank You
for listening!**

**Looking forward to
exchange!**



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